

MEDICAL LAKE REALTY

— MOVING CHECKLIST —



8-12 WEEKS BEFORE

- ☐ Get quotes from professional movers or reserve a rental truck.
- ☐ Review moving services, insurance options, delivery timing, etc.
- ☐ Start sorting belongings into keep, donate, sell, and discard piles.
- ☐ Take photos of valuable items and create a basic home inventory.
- ☐ Begin gathering moving supplies, including boxes, tape, labels, and packing paper.
- ☐ Start packing seasonal or rarely used items.

4-8 WEEKS BEFORE

- ☐ Use up frozen food, pantry items, & cleaning supplies that may be difficult to move.
- ☐ Notify banks, subscriptions, insurance providers, and important contacts of your new address.
- ☐ Arrange storage if needed.
- ☐ Schedule utility transfers for electricity, water, gas, trash, internet, and phone service.
- ☐ Research schools, local services, healthcare providers, and community resources if moving to a new area.
- ☐ Make travel reservations if move requires flights, lodging, or a rental car.

2-4 WEEKS BEFORE

- ☐ Confirm your moving date and arrival window.
- ☐ Hold a garage sale or schedule donation pickup for items you are not moving.
- ☐ Update your address on vehicle registration, driver's license, insurance, and financial accounts.
- ☐ Transfer or close safe-deposit boxes and redirect automatic payments if needed.
- ☐ Make pet travel arrangements and speak with your veterinarian if needed.
- ☐ Service your vehicle if you will be driving a long distance.
- ☐ Continue packing and clearly label boxes by room and contents.

MOVING WEEK

- ☐ Defrost and clean refrigerators and freezers.
- ☐ Pack clothing, toiletries, and daily-use items separately.
- ☐ Set aside legal documents, valuables, keys, and medications to keep with you.
- ☐ Confirm payment details with movers.
- ☐ Share your travel plans with a trusted friend or family member.
- ☐ Pack your first-night box and keep it easily accessible.

LEAVING YOUR CURRENT HOME

- ☐ Complete a final walkthrough of every room.
- ☐ Check closets, cabinets, attic, basement, garage, yard, and storage areas.
- ☐ Make sure all boxes and furniture are loaded.
- ☐ Leave behind keys, garage openers, manuals, and helpful home information as needed.
- ☐ Lock all windows and doors before leaving.

ARRIVING AT YOUR NEW HOME

- ☐ Be available to answer mover questions and direct boxes to the correct rooms.
- ☐ Check items off your inventory list as they are unloaded.
- ☐ Confirm utilities are working.
- ☐ Inspect furniture and boxes for damage.
- ☐ Change or rekey exterior locks.
- ☐ Locate water, gas, and electrical shutoffs.
- ☐ Unpack your first-night box.
- ☐ Set up beds and basic living spaces first.

MOVING SUPPLIES

- ☐ Moving boxes
- ☐ Packing tape
- ☐ Bubble wrap
- ☐ Packing paper
- ☐ Furniture pads or blankets
- ☐ Hand truck or dolly
- ☐ Scissors / Box cutter
- ☐ Labels
- ☐ Permanent markers
- ☐ Zip-top bags for hardware

FIRST-NIGHT BOX

- ☐ Toilet paper
- ☐ Towels
- ☐ Soap & toiletries
- ☐ Medications
- ☐ Phone chargers
- ☐ Water, drinks & Snacks
- ☐ Paper plates & utensils
- ☐ Trash bags
- ☐ Pet food and bowls

